



2024/2025 Lunch PreK-5 Lunch

Knox County Schools

Mon	Tue	Wed	Thu	Fri
9/2/2024	9/3/2024	9/4/2024	9/5/2024	9/6/2024
	Main Entree	Main Entree	Main Entree	Main Entree
		Corn Dog Pepper Jack Enchilada PB&J + Cheez-Its + Cheese Stick Vegetable	Nick's BBQ Sandwich Southwest Chicken Salad + Roll PB&J + Cheez-Its + Cheese Stick Vegetable	Hamburger Cheeseburger Chicken Tenders + Roll Spicy Chicken Tenders + Roll PB&J + Cheez-Its + Cheese Stick
	Vegetable	Tater Tots	Green Beans	
	Baby Carrots Fruit	Black Beans Caesar Salad Veggie Nibbles Fruit Fruit (Assorted Selection) Fruit Juice	Garden Salad Baby Carrots Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors)	Vegetable Crinkle-Cut Fries Spinach Maria Garden Salad Veggie Nibbles Fruit
	Fruit (Assorted Selection) Fruit Juice		Milk	Fruit (Assorted Selection) Fruit Juice
	100% Fruit Juice (Assorted Flavors) Milk	Milk Chocolate Milk Strawberry Milk	Chocolate Milk Strawberry Milk White Milk, 1%	100% Fruit Juice (Assorted Flavors) Milk
	Chocolate Milk	White Milk, 1%	White Milk, Fat Free	Strawberry Milk
	Strawberry Milk	White Milk, Fat Free	Dessert	White Milk, 1%
	White Milk, 1% White Milk, Fat Free		Chocolate Chip Cookie Sugar Cookie	Chocolate Milk White Milk, Fat Free
			Side	
			Macaroni & Cheese	



Mon	Tue	Wed	Thu	Fri
9/9/2024	9/10/2024	9/11/2024	9/12/2024	9/13/2024
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Chicken Nuggets + Roll Cheese Pizza Pepperoni Pizza PB&J + Cheez-Its + Cheese Stick	Grilled Cheese Turkey & Cheese Sandwich+Doritos PB&J + Cheez-Its + Cheese Stick Vegetable	Chicken Sandwich Mini Corn Dog Nuggets PB&J + Cheez-Its + Cheese Stick Vegetable	Max Cheese Sticks Chicken Tenders + Roll PB&J + Cheez-Its + Cheese Stick Vegetable	Hamburger Cheeseburger Fish Sticks + Roll PB&J + Cheez-Its + Cheese Stick
Vegetable	Curly Fries	Tater Tots	Waffle Fries	Vegetable
Mashed Potatoes Mashed Potatoes & Gravy Corn Caesar Salad	Broccoli and Cheese Garden Salad Veggie Nibbles	Peas Caesar Salad Baby Carrots	Green Beans Veggie Nibbles Caesar Salad	Crinkle-Cut Fries Baked Beans Garden Salad
Baby Carrots		Fruit (Asserted Colorifor)	Fruit (Asserts I Oslastian)	Baby Carrots Fruit
F14	Fruit (Assorted Selection) Fruit Juice	Fruit (Assorted Selection) Fruit Juice	Fruit (Assorted Selection) Fruit Juice	Fruit (Assorted Selection)
Fruit (Assorted Selection)	100% Fruit Juice (Assorted Flavors)	100% Fruit Juice (Assorted Flavors)	100% Fruit Juice (Assorted Flavors)	Fruit Juice
Front Later	Milk	Milk	Milk	100% Fruit Juice (Assorted Flavors)
100% Fruit Juice (Assorted Flavors)	Chocolate Milk	Chocolate Milk		Milk
Milk Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free	Strawberry Milk White Milk, 1% White Milk, Fat Free	Strawberry Milk White Milk, 1% White Milk, Fat Free	Strawberry Milk White Milk, 1% White Milk, Fat Free Dessert Chocolate Chip Cookie Sugar Cookie	Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free





Mon	Tue	Wed	Thu	Fri
9/16/2024	9/17/2024	9/18/2024	9/19/2024	9/20/2024
9/16/2024 Main Entree Chicken Nuggets + Roll Big Daddy's Cheese Pizza Big Daddy's Pepperoni Pizza PB&J + Cheez-Its + Cheese Stick Vegetable Mashed Potatoes Mashed Potatoes & Gravy Corn Caesar Salad Baby Carrots Fruit Fruit (Assorted Selection)	9/17/2024 Main Entree Cheesy Chicken Nachos Turkey Chef Salad + WG Roll PB&J + Cheez-Its + Cheese Stick Vegetable Green Beans Caesar Salad Veggie Nibbles Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk	1/2 day for students	9/19/2024 Main Entree Wild Mike's Cheese Bites Chicken & Waffle Sandwich PB&J + Cheez-Its + Cheese Stick Vegetable Curly Fries California Blend Vegetables Garden Salad Veggie Nibbles Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors)	9/20/2024 Main Entree Cheeseburger Hamburger Hot Dog Chili Cheese Dog PB&J + Cheez-Its + Cheese Stick Vegetable Crinkle-Cut Fries Baked Beans Caesar Salad Baby Carrots Fruit Fruit (Assorted Selection)
Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free	Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free		Milk Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free Dessert Chocolate Chip Cookie Sugar Cookie	Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free





Mon	Tue	Wed	Thu	Fri
9/23/2024	9/24/2024	9/25/2024	9/26/2024	9/27/2024
Main Entree	Main Entree	Main Entree	Main Entree	Main Entree
Chicken Nuggets + Roll Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza PB&J + Cheez-Its + Cheese Stick	Mandarin Orange Chicken & Rice Ham & Cheese Sandwich+Doritos PB&J + Cheez-Its + Cheese Stick Vegetable	Sausage & French Toast Sticks Chicken Sandwich PB&J + Cheez-Its + Cheese Stick Vegetable	Chicken and Vegetable Dumplings Corn Dog PB&J + Cheez-Its + Cheese Stick Vegetable	Hamburger Cheeseburger Bone-In Chicken + Biscuit PB&J + Cheez-Its + Cheese Stick
Vegetable	Curly Fries	Hashbrowns	Tater Tots	Vegetable
Mashed Potatoes Mashed Potatoes & Gravy Corn Garden Salad Baby Carrots Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors)	Broccoli and Cheese Veggie Nibbles Garden Salad Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk Chocolate Milk	Garden Salad Baby Carrots Fruit Fruit (Assorted Selection) Fruit Juice	Green Beans Caesar Salad Veggie Nibbles Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk Chocolate Milk	Crinkle-Cut Fries Baked Beans Caesar Salad Baby Carrots Fruit Fruit (Assorted Selection) Fruit Juice 100% Fruit Juice (Assorted Flavors) Milk
Milk Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free	Strawberry Milk White Milk, 1% White Milk, Fat Free	White Milk, 1% White Milk, Fat Free	Strawberry Milk White Milk, 1% White Milk, Fat Free Dessert Chocolate Chip Cookie Sugar Cookie	Strawberry Milk White Milk, 1% Chocolate Milk White Milk, Fat Free





Mon	Tue	Wed	Thu	Fri
9/30/2024	10/1/2024	10/2/2024	10/3/2024	10/4/2024
Main Entree				
Cheese Pizza Pepperoni Pizza Chicken Nuggets + Roll PB&J + Cheez-Its + Cheese Stick				
Vegetable				
Mashed Potatoes Mashed Potatoes & Gravy Corn Caesar Salad Baby Carrots				
Fruit				
Fruit (Assorted Selection)				
Fruit Juice				
100% Fruit Juice (Assorted Flavors)				
Milk				
Chocolate Milk Strawberry Milk White Milk, 1% White Milk, Fat Free				

FILTERS			
Name(s)	Value(s)		
Date Range	(Start = 9/1/2024, End = 10/5/2024)		
Menu Plan	(2024/2025 Lunch PreK-5)		